



One-Day ISO 45001 : 2018
CQI/IRCA Certified Foundation Course





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Background to ISO 45001:2018

ISO 45001:2018, which was published in March 2018, is the world's first internationally agreed ISO standard for Occupational Health and Safety Management Systems.

Every organisation, whether manufacturing or service, is unique. ISO 45001 is, therefore, a 'high-level' set of requirements that can be applied to any organisation regardless of size, culture, location or technical discipline.

The intended outcomes of an OH&S management system are to prevent injury and/or ill health to workers and to provide safe and healthy workplaces. To put this into context in 2016/17, in the UK alone, 31.2 million working days were lost due to work-related illness and workplace injury. This equates to an estimated cost of £14.9 billion in one year. More importantly, 1.3 million people suffered from a work-related illness, 137 workers were killed at work and over 600,000 injuries occurred. The International Labour Organisation estimates that globally 6,000 people die as a result of occupational health-related issues every day.

Course overview

Ideal for auditors, consultants, employers, managers, health & safety professionals and anyone who has an interest in Occupational Health & Safety Management Systems, this course provides the required knowledge to understand ISO 45001:2018 and the basic concepts and terminology around Occupational Health and Safety Management Systems (OHSMS).

The course is delivered in an engaging and interactive manner, introducing learners to the benefits that utilising the ISO 45001:2018 standard can bring. This Course is particularly useful when combined with either the 2 day Internal OH&S Auditor Course, 3 day OH&S Auditor Conversion or 5 day OH&S Lead Auditor course.

Aims and Objectives

This course is designed for delegates who have an existing basic knowledge of, or experience in, occupational health & safety management and of the management system approach - but not of ISO 45001. This course will help such delegates apply their prior knowledge in order to understand the key occupational health and safety management-related requirements of ISO 45001.

Course Pre-requisites

ICQI/IRCA recommends that all students have a prior knowledge of the Plan-Do-Check-Act cycle as well as a basic knowledge of managing occupational health and safety through hazard identification, risk assessment and risk control and compliance with legal requirements and other requirements. Additionally they should be aware of common examples of relevant national and local OH&S legislation and requirements.

Who Should Attend

This course is designed for delegates with existing knowledge or experience in occupational health & safety. It is also ideal for those involved in the design of OH&S management systems and those looking to progress to IRCA Certified Quality Management System Auditor training courses. The Course is also ideal for anyone who wishes to understand ISO 45001.

Content

The ISO 45001:2018 (OHSMS) Foundation course is designed to be as interactive as possible, focusing on exercises that allow delegates to experiment with ideas and reach their own conclusions.

Subjects covered include:

- The purpose of an Occupational Health and Safety Management system
- Top management and leadership requirements
- The structure of Annex SL (which is the core wording around which ISO 45001, ISO 14001, ISO 9001 and all future ISO management system standards are based).
- The structure and requirements contained within ISO 45001
- The process of implementing and maintaining a OHSMS System
- The business benefits of improved performance of the occupational health & safety management system.
- The context of an organisation as well as internal and external interested parties
- An explanation of the key definitions contained within ISO 45001
- The scope of an OHSMS system
- OH&S policy and objectives
- Monitoring, measurement and analysis
- Hazard identification and analysis
- Operational planning and controls

Course Benefits

On completion, successful students will have the knowledge needed to:

- Explain the purpose of an occupational health and safety management system, of occupational health and safety management system standards, and the business benefits of improved performance of the occupational health & safety management system
- Outline the structure and content of ISO 45001
- Explain the specific occupational health & safety management system related requirements of ISO 45001

Certification

Each successful delegate will receive a 'certificate of completion' which is recognised by IRCA and the CQI.

Course Materials

Students will receive a comprehensive course manual with reference materials.

Reference copies of ISO 45001:2018, ISO 17021 and ISO 19011 will be available for the class-room based course.

Duration

This is a one-day classroom-based course.

QMS Skills Limited
Hermes House, Firefly Avenue, Swindon, SN2 2GA
+44 (0)7785 748 179
enquiries@qmsskills.co.uk
www.qmsskills.co.uk

